Independence District



Newsletter

November/December, 2018

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Recent

First grader Juan Luis Raymundo Velasquez created this adorable panda while learning about free form lines. The outline of the panda was created using glue and color was added using oil pastels. Juan Luis is the son of Micaela Velasquez Raymundo and Josue Raymundo Aguilar of Independence.

MAIN OFFICE: (715)985-3172

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From the Desk of Mr. Schmitt Staying Busy



Anyone who attends an event and has a good experience will sometimes comment on how "smooth" things went. An example of this, is when we hosted the Wrestling Sectional at Osseo-Fairchild a number of times in the last decade. Fans and visiting

coaches would comment at the end of the day how well things went, but for those of us working the event we knew better. We had knowledge of technology failures, crowd control issues, communication failures, and other minor challenges that occur with not being familiar with the facility. On the surface, it looked like everything was running as planned, but behind the scenes, there was a lot of problem solving going on to deal with the minute-to-minute needs of the event.

It is my hope that for an outsider or parent looking in, our school seems to be running smoothly also. And for the most part, I feel it is. But with that said, there is also a lot of things going on that goes mostly unnoticed unless you are directly involved. For example, in the last newsletter, I talked about some of the philosophical changes being implemented in the math curriculum at the high school level. Although, this mostly goes unnoticed because of the amount of time it takes to make such changes, there is work going on constantly to implement such change.

Another big change that is still being tweaked, but goes somewhat unnoticed has been the change to Standards Referenced Grading, especially at the high school level, and the change in associated teaching practices because of this. Grades are determined on the mastery of standards and not on the accumulation of points. This shift has caused significant structural changes to the school with time being devoted to interventions, make-up learn-

ing time, and reassessments to allow students to get the support to master the content being taught. We are also now looking at a Laude system (see article in our last newsletter) to recognize more students for their academic success in high school.

A more visible change will be coming to our campus third quarter when we will be the host of the Mobile Skills Laboratory that has been built by Ashley Furniture to promote STEM (Science, Technology, Engineering, and Mathematics) content. This is a Trempealeau Valley Cooperative 2.0 (TVC 2.0) initiative, but at Independence we have been focusing on STEM curriculum for quite some time and continue to do so. A few years ago we had our middle and high school science teachers get professional development from Project Lead the Way (PLTW) that led to a Principles of Engineering course at the high school level and STEM coursework at the middle school level. Our elementary teachers started professional development a couple of years ago in a project based science curriculum that is being created by an author of the Next Generation Science Standards (NGSS), Dr. Joe Krajcik, and we continue to get direct services from Dr. Krajcik's team. In correlation with this science is application. Therefore we have expanded our technical education department to offer a machinina course in addition to Small Engines, Ag Mechanics, Metal Fabrication, and Career and Technical Education courses. We are also expanding our work experience and apprenticeship programs through our Academic and Career Planning (ACP) programs. In addition we are offering, and may soon be requiring, all students to obtain either an industry or service focused certification, such as Certified Nursing Assistant, OSHA 10, Commercial Drivers License, Fire 1, First Responder, and a variety of others.

Finally, we continue to emphasize, that our students also get training in leadership and soft skills that employers are saying are just as important as content. We do this with a system that starts with a foundational level of con-

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sistent positive support for the behavior we want and a system of logical consequences for behavior we need to change. In addition to that, we are now integrating character education and organizational skill training into our advisory time. We also have an Academic Skills class to train students in skills that lead to academic success. Despite the occasional bad publicity and some incidents of bad behavior, for the most part we feel our system is working very well. You need to look no further than the new banner in the gymnasium that list the years we have won the Dairyland Conference Sportsmanship trophy. With the addition of 2018, which was just announced in late September, we now have won the award six out of the last eight years. I am very proud of our staff and students for this accomplishment. BSE!

In conclusion, I hope that from the outside looking in, it looks like the school is running smoothly. If not, please contact me with any concerns you may have. Be assured though, that we are working very hard behind the scenes on curriculum, instruction, behavior, and giving our student the best overall education we possibly can. Thank you for all your support.

Bärry Schmitt District Administrator/9-12 Principal

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Vanderloop Scoop

Improving Teaching and Learning Starts with All of Us



I would like to thank all students, parents, staff, and active community members for making the first six weeks of school a success at Independence! It has been over a month filled with learning exploration, exciting ac-

tivities, and a focus on what lies ahead. October means Parent/Teacher Conferences will be in full swing. These conferences provide a focused opportunity for parents and teachers to sit down and discuss how the child has been performing over the past six weeks. These conferences provide teachers with great insight into the family and the teacher can share what is taking place in the classroom. A great conversation and learning tool for all!

As the newness of the school year begins to wear off, let's not lose sight of our purpose when working together. In partnership with our families, we have developed plans to make each child grow in the Independence School District. Thanks to our parents and community, we were able to make our first day of school a learning day for students. We are also able to utilize our Wednesday collaboration as focused time to dig deep into the needs of our students. This year we started the discussions with spring data from last year, and incorporated new fall data to determine where each child needs support.

The months of October-December can be difficult for students. The "newness" of school is gone, friendships may become stale, and waking up in the morning becomes more and more difficult with the sun not shining as much. There are also other family and social stresses that set in. This is why our common focus is vital to the success of each child. Parents, we need your support. Please help us get each child to school on time with plenty of sleep so they are ready

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to learn. Attendance is a concern in our district for many families, and we are more focused on our attendance issue. We need parent support to help each child reach their potential. If they are not in school, simply, they are not learning.

We need parent support at home. Please show an interest in the things your child is doing at school, and ask them about their day, their friends, and their schoolwork. Please let us know if something doesn't sound right, or if you feel your child is in need. We can then have a discussion to help your child stay happy and healthy at school.



Require your child to read for at least 20 minutes a night. This graph below shows the importance of reading each night and how it can fuel long term success for your child.

The Case for Reading 20 Minutes a Day

| Student A | Student B | Student C | |
|-----------------------------|-----------------------------|-----------------------------|--|
| 20 minutes/day | 5 minutes/day | 1 minute/day | |
| 3600 minutes/school year | 900 minutes/school year | 180 minutes/school year | |
| Exposed to 1,800,000 words | Exposed to 282,000 words | Exposed to 8,000 words | |
| 90 th percentile | 50 th percentile | 10 th percentile | |

The teachers and staff at the Independence School District are committed to your child. We are continuing to build our educational foundation with knowledge that is based on the Common Core State Standards and the behavioral system, PBIS/The Indee Way. Our teachers have also been introduced to additional strategies to help support the learning of our diverse population. Our state level data shows we are seeing gains with some of our students, but we still have work to do to see increased success for all. We will continue to challenge ourselves by making teaching engaging for the students we serve. We pride ourselves on increasing the rigor of our curriculum, implementing intervention and enrichment opportunities specifically in the areas of reading and math, and using best practices to engage all learners along this educational journey. Thank you for your support of our school.

I look forward to seeing you in the near future!



Go Indees!
Robert Vanderloop
PreK-8 Principal/Director of Special Education
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Curriculum and Counseling Corner

What is ACP?

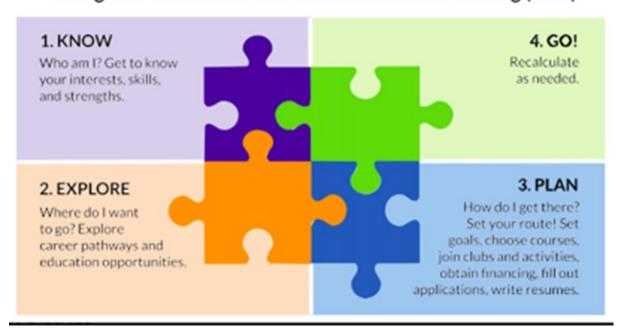
State law requires that each public school in Wisconsin shall provide access to education for employment for all students in grades 6-12. Academic and Career Planning is a student-driven, adult supported process in which students create and cultivate their own unique, information-based vision for postsecondary success. While the state requires education for employment at all public schools, every district's plan will be different based on local employment predictions. Trempealeau County's current top employment trends (Manufacturing, Trade/Transportation/Utilities, and Education/Health) are predicted to remain high through 2024.

ACP within our district includes a variety of activities throughout the school year, including access to the new Mobile Skills Lab, career awareness incorporated into lesson plans across all subject areas, access to Career Cruising (career planning software), scheduling/planning conferences, middle school Junior Achievement Day, 6th grade Manufacturing Day at Ashley, Reality Check at the high school level, senior portfolio requirements, Wisconsin Education Fair for juniors, and a variety of courses within the district, through ECCP/Start College Now, Project Circuit, Advanced Placement, and the Trempealeau County Coop. High school students can also explore a range of career areas through Youth Apprenticeships and career and service related certifications. Newsletter articles will continue to highlight a variety of these activities throughout the year.

The goal of ACP is to increase motivation, engagement, and awareness of individual strengths and weaknesses. Students will also increase their understanding of postsecondary options, better connect their goals to coursework, and engage in long-term career planning.

Our district's full plan is located on our website, under Students & Families, then Career Planning. If you have questions on ACP or would like to explore more options, please contact Mrs. Gruber in Student Services (or gruberj@indps.k12.wi.us or 985-3172 ext. 110).

4 Stages to Successful Academic and Career Planning (ACP)



Parents,

If you receive a phone call, or disciplinary note in the mail, <u>don't panic!</u> All children make mistakes. In fact, learning from mistakes is very important for children. <u>How you, as a parent, react to the news of their misbehavior is even more important.</u>

- 1. **Remain calm** and take time to talk to your child alone, away from siblings, as soon as possible after you receive the notice or phone call.
- 2. **Ask your child to explain what happened**. "I see you had some trouble to day at school." "Tell me about what happened in _____class." <u>Listen</u> carefully to their response.
- 3. **Resist blaming** the teacher, or your child's classmates, or the bus driver, or the school, etc. Children will commonly try to divert your focus away from them, to others. Avoid the temptation to question the disciplinary consequence, or to ask what discipline was assigned to other children who may have been involved. Trust that the school has diligently investigated the issue, before resorting to a consequence. Focus instead on YOUR child alone, and the choices that he or she made.
- 4. **Be clear and concise about the behavioral expectations** that you as a parent have. "I expect you to treat others with respect." "I expect you will keep your hands to yourself." "I expect that you will pay attention to the teacher in the classroom" Use a firm and direct voice.
- 5. **End by showing your child that you are thankful for their honesty** and willingness to talk to you about the situation. Let your child know that you expect good news about his/her behavior in the future, and that you will be contacting the teacher for an update in the next few days.

IF the behavior becomes repetitive--occurring multiple times in a short amount of time ie., 2-3 teacher contacts per week, it may be necessary for more reinforcement at home. Some examples might include: loss of a special privilege for 1-2 days, an extra chore given for 1-2 days, or on a more positive note, a treat or other small recognition for successful days. You may contact your child's teacher, Mrs. Woychik, Mr. Vanderloop, Mr. Schmitt, Mrs. Pientok, or Mrs. Gruber for more help in responding to repeated misbehavior.

Thank you for partnering with us on this. We look forward to sharing more ways you can support Positive Behavior Intervention and Supports and incorporate constructive language and structure at home.

Our goal should always be to <u>prevent</u> problem behavior by teaching children the behavior we want to see. We need to assume that children will do good if they can-- and they can $\underline{i}f$ we teach them.

Something to think about when you do have to react to a problem behavior:

| Typical 'old school' parent reaction to misbehavior: | Why it doesn't work: | A more effective parent reaction: |
|---|--|---|
| Raising your voice, yelling, other verbal attacks | You are modeling behaviors you DON'T want to see in you children. We all know that yelling doesn't really solve anything but it still an almost automatic response for a lot of adults. Our children are learning that that is the only way to respond to frustration. It also teaches them that they might be better off trying to hide things from you. | Take time to calm down before talking. Then explain to your child the reasons their behavior upsets you. Teach them a solution or a better way. Your goal should be a common understanding of the behavior you expect and why. You may have to do this several times before you see results. It takes time to learn these skills. Don't give up! |
| Extreme punishment ("You are grounded for a 6 weeks!", "no phone for a month!", spanking, isolating for long periods of time. | It is not connected to the misbehavior and therefore doesn't teach the child anything new or different-it only frustrates them. And you are the one that needs to enforce these long-term punishments which is often tiring, unproductive, and negatively effects your relationship with your child. | Sometimes there is a need for a mild consequence. However, these should be about fixing the problem. For example: writing an apology letter to others involved, a short time out to think about how could make better choices (and then you and your child discuss the 'fix it plan'), losing a special privilege for a short time. |
| Blame others. The reflex of many children, and many parents is to divert the blame to another child or teacher. | Damage is done when we don't hold students responsible for their behavior. They learn that this can be an easy way to avoid attention for mistakes they have made. | We all make poor choices from time to time and the healthy response is to focus on what we can do differently. We can't control the behavior of others, we can only control ourselves. |
| An "I give up" mentality. | Children, no matter how much they misbehave will always have a strong emotional tie to their parents. The thought that a parent has given up on them or doesn't care anymore is very damaging. | If you feel extreme frustration or anger-take a break yourself before saying something that is this damaging. Talk to another adult, use a crisis line like 211, and refocus before talking to your child. The goal should be to get to the point where you can attempt one of the responses listed above. |

Teaching respect and responsibilities is one of the most important tasks we have as parents and teachers. We will always have more success when we work together as a team.

Year 3: Counseling Services from Peace of Mind Counseling, LLC

We are excited to welcome back Peace of Mind Counseling for their third year in our school. Student success in school can be affected by many factors including stress, emotional health, and behavior issues. All of these can interfere with a student's ability learn, function well in their relationships, and their ability to achieve life goals. In our community the options for therapy are limited; therefore, our school district has made it possible for families to access that help in our school building during the regular school day.

Peace of Mind Counseling, LLC's (http://www.pomcounseling.com/) main office in La-Crosse now has office hours in our school. This counseling/therapy is available to families under the same conditions as if they would solicit services at a community counseling center. Payments would be required and Insurance and/or Badgercare could be billed. This is not a school sponsored program.

Peace of Mind Counseling Center has worked with several area schools in this capacity and works with children and adolescents in the areas of ADHD, Depression, Anxiety and Behavior Concerns.

Contact Jay Clark 608-797-5679, or Mrs. Woychik for more information or to arrange an appointment.

Attendance Policy

All parents are reminded to call the school <u>by 9:00 a.m.</u> on the day of your child's absence. Failure to notify the school by 9:00 a.m. may result in a disciplinary action for the student. We appreciate your cooperation on his. Again, if parents do not call, then we will call to confirm the fact that parents know where their children are (either at home or school), and that our children are safe. Thanks for your cooperation.



School Doors Open at 7:30am

Due to increased security safeguards and conditions imposed by the State to receive security funding, we are not allowed to let students enter and exit the buildings before and after school without supervision. Therefore, doors will not open and students will not be allowed into school until 7:30 am on normal school days. We are sorry for the inconvenience.

2018-19 HOLIDAY DISTRICT OFFICE HOURS

Wednesday, November 21 - OPEN Thursday, November 22 - CLOSED Friday, November 23 - CLOSED Monday, December 24 - CLOSED Tuesday, December 25 - CLOSED Wednesday, December 26 - OPEN Thursday, December 27 - OPEN Friday, December 28 - OPEN Monday, December 31 - CLOSED Tuesday, January 1 - CLOSED Wednesday, January 2 - OPEN



Attendance Matters!

It should come to no surprise that a child's success in school is dependent on school attendance. Showing up for school has a huge impact on a student's academic success and this starts as early as pre-school and kindergarten. Even as our children grow older and less dependent, families play a key role in encouraging students to get to school every day and to emphasize why regular school attendance is so important for success in school and in life. We understand that some absences are una-



voidable due to healthrelated problems other or circumstances, but we alknow SO that when students miss too

much school, regardless of the reason excused or not, it can cause them to fall behind academically. In the state of Wisconsin, "Habitual truant" means a pupil who is absent from school without an acceptable excuse under sub. [4] and s. 118.15 for part or all of 5 or more days on which school is held during a school semester, with no more than 10 excused absences for the entire school year.

The research on school attendance shows that students who are chronically absent in Kindergarten and 1st grade are much less likely to read at grade level by the end of 3rd grade. By 6th grade, chronic absence is a proven early warning sign for students at risk for dropping out of school and by 9th grade, good attendance can predict graduation rates even better than 8th grade test scores. (www. attendanceworks.org/research) Not only can too many absences affect the individual student but it can

also affect the entire class as the teacher has to reteach concepts for those who missed school. Missing just 2 days a month adds up to 10% of the school year! We don't want our students to fall behind and get discouraged, we want to make sure student attendance is a team effort from both parents and educators. Parents need to get their children to school and educators need to make sure that the learning environments are healthy, enjoyable and safe for all students.

To ensure that your child attends school every day and arrives on time here are a few practical tips to help support regular school attendance:

Make sure your children keep a regular bedtime and establish a morning routine.

- 1. Lay out clothes and pack backpacks the night before.
- 2. Insist your children go to school every day unless they are truly sick. Our Health Office has a nice guide to help parents determine when a child is too sick to be in school. When in doubt, you may bring your child to school and our Health Assistants can help parents make that decision.
- 3. Avoid scheduling vacations or doctor's appointments when school is in session.
- 4. Talk to teachers and counselors for advice if your child is feeling anxious about going to school.
- Develop a backup plan for getting to school if something comes up. Call on a family member, neighbor or another parent to take your child(ren) to school.

We want all of our students to be successful in school and making sure they are in regular attendance is the first place to look. Let us know how we can best support you and your child so they can show up each and every day ready to learn.

Melissa Pientok Assistant Principal Technology Integration Specialist Enrichment Page 10

INDEE MVGTN Enrichment Events 2018-2019

The Mississippi Valley Gifted and Talented Network will again be offering a number of events for our students to be involved in. Students will be selected to participate in events based on teacher recommendations as well as scores on school assessments. Classroom performance and student behavior will also be a factor in deciding who attends events. Letters regarding each event will be sent home with students who are selected to participate in each event.

If you have any questions, please feel free to contact Mrs. Pyka at school.

| Event | Date and Time | Location | | |
|--------------------------------------|--|----------------------------------|--|--|
| Third Grade Problem Solving Day | November 27th Snow Day -November 29th | Blair-Taylor | | |
| Vocabulary Showdown | January 29th Alternate Day-January 31st | Independence (Google Hangout) | | |
| Young Writers Workshop | February 26th Snow Day-February 28th | Arcadia | | |
| Rebel Spelling Bee | March 19th Snow Day-March 20th | Westby | | |
| 5th Grade Performing Arts | March 22nd | CESA 4 in West Salem | | |
| 5th and 6th Grade Kids' College | April 12th | UW-L | | |
| 4th Grade Wisconsin Heritage Fair | April 25th | GET | | |
| 5th-6th Grade Battle of the Books | May 7th | Whitehall | | |
| 7th-8th Grade Battle of the Books | May 14th | Whitehall | | |

Other opportunities that we may explore this year include:

8th Grade Quiz Bowl 5th Grade Math Fair 6th-8th Grade Art Festival Geocaching Event



New Faces Page 11

New Staff



BR: Brad Wesely, Jessica Gruber, Vanessa Waldera, Hunter Evenson, and Lacie Moats FR: Silvia Osuna, Abbey Killian, Emily Sexe, and Gerardo Gonzalez Missing from photo: Annette Sorenson, Briatris Gamez, and Jake Rombalski

Brad Wesely is the High School Mathematics Teacher. He grew up in Pittsville, WI and went to Pittsville High School. Brad graduated with a Bachelor of Science in Mathematics Education from UW-Eau Claire. He enjoys playing, watching, coaching sports along with playing board games and card games. Brad thinks ISD staff care a lot about the students! Lots of Indee Pride!!!!

Jessica Gruber is the Academic and Career Planning Coordinator. She grew up and graduated from Independence. GO INDEES! Jessica graduated from UW-Eau Claire with a Bachelors of Arts: Psychology and UW-Stout with a Masters in Guidance and Counseling. Jessica, along with her husband Kyle, have 3 children: Hailey (8), Kenzie (6), and Jordy (16 months). She loves to spend time with her family, play and watch sports. Jessica is excited to be part of the district again. BSE! As an Independence native, Jessica is excited to build more relationships between the school and area businesses.

Vanessa Waldera is a paraprofessional. She was born, raised, and graduated from Arcadia. She attended Southeast Technical College for Cosmetology. Vanessa, along with her husband Phillip, have 2 girls: Rani (7) and Tili (6). She enjoys shopping on Amazon, baking bread and cinnamon rolls, working out with friends, camping, fishing, and hunting with family. She is impressed with ISD and the staff. "Everyone has been extremely friendly, helpful, and welcoming. I am blown away at how personable and energetic the administration is. Mr. Vanderloop is absolutely everywhere, with a smile, and verbally acknowledges everyone in his path no matter how many times he sees you in a day."

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Hunter Evenson is the Choir Teacher. He grew up to Galesville and went to G-E-T Schools. Hunter graduated from Viterbo in Music Ed and Liberal Studies. In his free time, he likes to record music videos, play piano, watch movies, play basketball, football, fastpitch, and softball. Hunter loves the small district connections. "Staff has truly been steering me on the right path; students are very welcoming."

Lacie Moats is a paraprofessional who was born in Texas before moving to Wyoming. She also lived in New Mexico, Washington State, and Nevada where she graduated after her junior year of High School. Lacie was working on her elementary education degree through Grand Canyon University when she took a step back from education after she learned she was expecting twins. She is a few credits short of completing her degree and hopes to finish in the near future. Lacie, along with her husband Tad, have 8 children. Tate (17), Shaelee (13), Emilee (11), Tad Jr. (10), Kaylee (8), Twins - William and Natalee (7), and Jubilee (5). In her free time, Lacie is the Booster Club President at Whitehall and on the board for the local youth sports association. When not running her children to activities, she likes to be in the kitchen cooking and baking, and crafting. She really likes the small schools. "I feel that smaller schools provide more opportunities for youth." At Independence she is impressed with the kids and staff. Everyone is friendly, kind, and welcoming.

Silvia Osuna is an ELL Support Staff Member. She grew up in Beloit, WI and graduated from Arcadia High School. Silvia is attending CVTC for a Medical Assistant. She has been married for 9 years and has a two year old daughter. In her free time she spends time with her daughter and keeps on top of her college homework. Silvia thinks ISD is safe and a good learning environment.

Abbey Killian is the 5th grade teacher. She grew up in Cochrane - Fountain City and graduated from Saint Mary's University of Minnesota with a degree in elementary education K-6 and Social Studies K-8. In her free time Abbey likes to read, go to Target, do yoga, and watch Netflix. "The students are amazing and the staff has been incredibly supportive."

Emily Sexe is a 4th grade teacher. She grew up in Ettrick, Wisconsin and went to Blair-Taylor High School. Emily graduated with a degree in Communicative Disorders with teaching intent and Elementary Education 1-6. In her free time, Emily likes to spend time with family, reading, going to concerts, and Target runs. Emily says, "Everyone has been so welcoming and willing to help! I love it so far! (staff and students)

Gerardo Gonzalez is an ELL Support. He grew up in Whitehall and went to Whitehall High School. Gerardo is on the waiting list at WTC in La Crosse for the Radiography program. In his free time, Gerardo likes to do photography and watch sports. Gerardo says Independence is "AWESOME!" and "It's nice that it's small but at the same time it's amazing how diverse it is."

Annette Sorenson is the Food Service Director. She grew up going to school in Eleva, then Delong Middle School, and graduating from Eau Claire North. Annette went back to school in her 40's and earned her Dietary Managers Certification from the University of North Dakota. She has been married to her wonderful husband Dwayne for 36 years. Together they have 2 amazing sons and 4 energetic grandchildren with the most recent being a baby girl born on October 8th. Annette loves spending time with her family and doing anything outdoors. She likes to kayak, do photography, crafting, and currently her family is working together to build her eldest sons home. Annette loves the comradery amongst ALL staff, administration, and students.

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Briatris Gamez is a food service assistant.

Jake Rombalski is the Tech Ed Instructor. He grew up on a farm north of Independence and attended IHS. Jake received his 2 year degree in Machine Tool Technics from CVTC in Eau Claire. Jake, along with his wife Jennifer, have 3 children: Gabe (15), Gracie (13), and Jonah (7). When he is not tending to his family's grain farm, he likes to be in the great outdoors. "ISD does a great job of presenting each student with the tools necessary to achieve a proper education.

New ACP Coordinator

Hello Indees!

My name is Jessica Gruber and I'm the new Academic and Career Planning Coordinator in the district. I'm an Independence graduate and delighted to be back in this community. I'm looking forward to creating meaningful learning opportunities while



helping students set and achieve their career goals.

I will be working with all grade levels to promote the <u>Academic and Career Plan</u> that the district adopted in the past year. A priority is to develop Youth Apprenticeship opportunities for high school students which blend course-work with on-the-job experiences. Another priority is to develop more <u>career and service related certifications</u> for students such as: Fire 1, OSHA 10 and 30 (safety training for construction trades), CDL (Commercial Driver's License), First Responder, Coaching, Officiating, and more depending on your interests. Supporting local business needs and partnerships with our district is an exciting part of this work.

Employers have told us that they value employees with strong character and positive behavior so I will be involved with the character work happening in the district, including Positive Behavior Interventions and Supports (PBIS), also known as the Indee Way at the middle and high school level.

I earned my bachelor's degree in Psychology from UW-Eau Claire and my master's degree in Guidance and Counseling from UW-Stout. I previously worked as a school counselor in the

Ellsworth Community School District and as an academic advisor at Chippewa Valley Technical College.

When I'm not at school, I enjoy spending time with my kids: Hailey (8), Kenzie (6), and Jordy (16 months) and my husband, Kyle.

I'm excited to meet the students, families, and staff in Independence. Please stop by and let's discuss how I can support you! My office is in Student Services.

Mental Health Coordinator Hired

My name is Heidi Meyer and I'm the new Mental Health Coordinator hired through a Wisconsin School Based Mental Health Services Grant written by the Independence, Blair-Taylor, and Whitehall school districts. I earned my bachelor's degree in Community Health Education from UW-La Crosse and am currently seeking my Wisconsin Social Work License. Prior to coming to the Independence School District, I worked for Hiawatha Valley Mental Health Center in Winona, Minnesota as a children's Mental Health Case Manager and a Crisis Response Practitioner.

As a Mental Health Coordinator, I will be working with students and families in all grade levels in each district, helping them navigate the mental health system. I will be in Independence 1-2 days per week for the entire school year.

According to the American Psychological Association, less than half of children with mental health challenges get treatment, services, or support. Yet, research increasingly reveals the connection between social-emotional

New Faces/Academics Page 14

development, mental health, and academic achievement.

Local data collected shows a need for increased, integrated mental health services in all three districts. We may have little control over the number and availability of mental health providers in our communities, but we can help our students and families with awareness, increased early intervention, and better navigation of available mental health specialists.

A priority for my position is to help identify students at-risk of being diagnosed with a mental illness and assist in coordinating resources that will assist with early intervention and treatment. Another priority is to educate staff, students and community members on trauma informed care that provides a safe, stable, and understanding environment for students and staff.

When I'm not at school, I enjoy spending time coaching and playing volleyball, spending time with my family, friends, and my dog, Max.

I'm excited to meet the students, families, and staff in Independence. More information will be shared soon about the services I will provide. Students and families are always welcome to contact me to discuss how I can help support them.

Heidi Meyer <u>meyerh@btsd.k12.wi.us</u> Office--Student Services and representatives from colleges, universities, and the military. Students were also able to pick two career breakout sessions to attend. Before heading home, the group took a quick self-guided tour of UW-La Crosse. The day was full of exploring post-secondary options!





College Tours and Career Expo

The junior class traveled to La Crosse on October 4th for a day full of career planning. First, they participated in a tour of Western Technical College, where they were able to see a variety of programs and learn about the campus. They were also able to experience campus life by having lunch at Union Market. Then they ventured to the La Crosse Center for the Wisconsin Education Fair and Career Expo. The education fair housed over 100 tables with information



School Library Receives New Book Bins

The school library received new book bins to house the picture book collection through donorschoose.org and Herb Kohl Philanthropies. Mrs. Pyka developed a proposal for donorschoose.org and Herb Kohl Philanthropies funded it. Donorschoose.org is a web-based program where teachers can create a proposal for needed classroom items and anyone can chose to donate to the proposal. During the proposal, Herb Kohl Philanthropies donated the funds needed for any proposal that was still not funded for teachers in the state of Wisconsin. The cost of the new book bins was approximately \$3600.

The book bins replaced the traditional library shelving. Previously, the student were unable to find the books that they wanted to read, because they could not see the cover of the books. The new bins allow students to have a visual representation of the picture book collection which allows them to find the books that they take interest in quickly.

Students created thank you notes to send to donorschoose.org. Students had wonderful things to



say about the new bins. "They look pretty." "It's a lot easier to find books." "They are great for the books." "The books look way nicer." "They are easier to grab." Positive comments have also been heard from teachers and administrators about the new book bins.





- Independence Public School
- Independence K-12 Art
- 3rd Grade at Independence
- 4th Grade Independence Elementary
- Independence Athletic Booster Club
- Indees Volleyball
- Independence Indees Girls Basketball
- Independence Indees Boys Basketball
- Independence Indees Music Dept
- Independence Gilmanton-Football

- Independence-Gilmanton Track & Field
- Independence High School Powerlifting
- Indees Fastpitch Softball
- Indee Drama Club
- Independence FFA
- Independence Indees Baseball
- Indees Themes



Independence Music Department

2018-2019 Important Dates:

**Dates are subject to change, updates will be noted on the school website calendar.

Elementary School:

| Fri. Nov 9 10:00 am | Veterans Day Program |
|--------------------------------------|----------------------------------|
| Thursday, Dec 13 10:00am & 2:00pm | Lower Elementary Holiday concert |
| Thursday, Dec 20 10:00am & 2:00pm | Upper Elementary Holiday concert |

Middle & High School:

| Friday, Sept 28 | Pep Band & Homecoming Halftime Show *Pep Band will have other commitments during football and basketball seasons |
|------------------------------|--|
| Tuesday, Nov 6 | Dairyland Band/Choir Practice (selected students) |
| Fri. Nov 9 10:00 am | Veterans Day Program HS Band & Choir |
| Sat. Nov 10 | Dairyland Honors Practice/Concert in Whitehall |
| Monday, Dec 10 7:00 pm | MS Concert Band and Choir |
| Monday, Dec 17 7:00 pm | HS Concert Band and Choir |
| Jan 12-13-14-15 | Dorian Vocal (selected students) |
| Saturday, Jan 26 All Day | Vocal and Instrumental Solo & Ensemble Middle School in Whitehall |
| Thursday, Feb 14 All day | Middle School, High School Small Ensemble Festival in Whitehall |
| Saturday, March 2 All Day | Couleeland Honors Middle School Band Practice (selected students) Concert |
| March 3-5 | Dorian Honors Band (selected students) |
| Tuesday, March 12 | MS Concert Band and Choir |

| 7:00pm | · · · · · · · · · · · · · · · · · · · |
|--|---|
| Tuesday, March 19 7:00pm | HS Concert Band and Choir |
| Saturday April 6 All Day | Middle School/High School Official District Solo Ensemble (Arcadia) |
| Tuesday, April 16 Scheduled during the day | Middle School Band and Choir Large Group Festival in Blair. |
| Friday, April 12 and Wednesday, April 17 (tentative) Scheduled during the day | High School Large Group Band Festival High School Large Group Choir Festival |
| Saturday, May 4 All Day | High School Solo and Ensemble State Music at UWEC |
| Wednesday, May 15 7:00 pm | Middle and High School Vocal Concert |
| Friday, May 24 9:00am | 8th grade Promotion Ceremony |
| Saturday, May 25 1:00pm | High School Graduation |
| Monday, May 27 10:00 am | Memorial Day Ceremony at SsPP Cemetary Band |
| Saturday, June 8 (Time to be determined) | Independence Days Parade Band |
| Saturday, Aug 9 (Schedule to be determined) | Ashley for the ArtsChoir |



Ashley Furniture's Manufacturing Day

On October 2nd, the 6th graders from Independence Public School along with students from Saints Peter and Paul Catholic School attended Ashley Furniture's Manufacturing Day. They were able to learn about the history of Ashley, get an extensive tour of the advanced manufacturing facility, and participate in a team-building activity. The activity demonstrated the importance of planning ahead, working together, and paying attention to quality. Students learned about a variety of careers throughout the day. Thank you to Ashley Furniture for a wonderful learning experience.



Camilla Cantu Lucia, Olga Quintanilla, Lucas Halverson



Kendra Klimek, Dilan Dallman, Jennifer Martinez Garcia



Alex Johnson, Juan Morales Cervantes



Sports & Clubs Page 19

Digging for a Cure

On September 18th the Independence Volleyball team hosted "Digging for a Cure", an event to help raise awareness for Type 1 Diabetes. This event was in conjunction with the volleyball games that night vs. the Augusta Beavers. Activities included a Chinese Raffle, Serve to Win Game, Honor/Memory Wall, 50/50, Bake Sale, and Card Signing. These activities were possible thanks to the donations from 50+ businesses and families. Although the Indees lost the volleyball game in four sets that night, they were proud of such a successful event.



This year Indees the played in honor of eightyear old Har-Symicek. per Harper is the son of Dallas & Amber Symicek of Independence, WI. Harper diagwas nosed with Juvenile Diabetes in January.

With T1D, Harper's body stopped producing insulin—a hormone essential to turning food into energy. She's always been a very healthy, active girl; there's nothing she or the family could've done to prevent this from happening. Type 1 Diabetes is fairly rare and is very different than the commonly known Type 2 Diabetes. Doctors are still unsure why T1D occurs. The theory is that there may be a genetic susceptibility that is triggered by a virus. The body may mistake the viral cells for the pancreatic cells and begin attacking both (autoimmune disease). Managing the disease is a constant struggle that involves monitoring her blood-sugar level (approximately 6 finger pricks per day), inject-

ing insulin (approximately 6 times per day), and carefully balancing these insulin doses with her eating, growth and activity - all just to stay alive.

Harper, along with her brother, Jackson, and sister, June, parents, grandparents, and many other friends and family were in attendance at the event. Harper and her parents shared an uplifting message with the crowd.

Thanks to the businesses and families that donated, those in attendance, and those that helped work that night, the Indees raised an impressive \$3,600 that will be donated to Juvenile Diabetes Research Foundation, in honor of Harper. The Indees can't thank the school district, donors, and fans enough for their support. We also thank Harper and her family for allowing us to become a part of "Harper's Pack". The team will always remember this inspirational family! Keep fighting, Harper.

Fall Sports Banquet

The fall sports banquet is scheduled for Monday, November 5th at 6:30. We will honor all fall athletes including football, cross country, volleyball and cheerleading.

Winter Sports Begin in November

Girls' basketball will begin practice on November 5th at 3:30. Their first game will be on Monday, November 19th at home versus Eau Claire Immanuel.

Boys' basketball will begin practice on November 12th. Their first game will be on Thursday, November 29th at 7:15 in New Auburn.

Wrestling will begin practice on November 12th. Their first match will be on Saturday, December 1st in Mondovi at 9:00 AM.

Middle School boys' basketball will begin practice on October 22nd. Their first game is Saturday, November 3rd at Alma. Sports & Clubs Page 20

DIGGING FOR A CURE DONORS 2018

Thanks to the many great donors and volunteers.

This event could not have been possible without you.

- Danielle Dubiel
- Barb Nelson
- Bonnie Kabus
- Shannon Matejka
- Mike & Sue Kotlarz
- Kulig, Michalak, & Franklin
- Waldera LLC
- Melissa Pientok
- Charlotte Gamroth
- Rita Olson
- Teresa Edison
- Mike & Kari Waters
- Glenn & Dawn Woychik
- Tom & Chris Pyka
- Jamie & Heather Back Family
- Mary Halama
- Theresa Olson
- Jenny Estenson
- American Legion Auxiliary Unit 186
- Barneson Insurance
- Baxa Dental
- Buck Moon Garlic
- Bushy's Meat Market & Buff's Bake shop
- Cabin Creek Bar
- Central Builders
- Chippewa Valley Sporting Goods
- East End Bar & Grill
- Everin Tax Service
- Keith & Nancy Edison
- Hi-Crush
- Holtans/Hansen Insurance
- Independence Lions Club
- Independence Ready Mix
- Independence State Bank

- JoJo's Drive-In
- Johnson Hardware
- Kabus Auto Body & Recovery
- Klimek's Automotive
- Liberty Floral
- Marc's Barbershop
- Marilyn's Cakes
- NAPA Autoparts
- Nelson Straightline
- Northern Investment Co.
- Olde Creamery Antiques
- Olde Mill Hair Salon
- Olson Fur Farm
- Pehler Oil
- Pehler & Sons Trucking
- Pietrek Service Station
- RJ Jurowski Construction
- San Juan Market
- State Bank of Arcadia –
 Independence Branch
- Southern Exposure
- Subway
- Sweet Temptations
- Sylver's Bar
- Trempealeau County Times
- Tri-County Communications
- Value Implement
- WHTL Radio
- Woodcrafts & Lures Rich & Doreen Olson
- Wreaths & Crafts
- Sam's Club
- Scheel's

Ashley for the Arts

The Indee singing group, Cantando Aguilas, or Singing Eagles, performed wonderfully at the Amphitheater during Ashley for the Arts. This nine member group put in over twenty hours of practice this summer to polish their singing and dancing review - Jukebox Jam! Members are: Kendra Suhr, Rhianna Theisen, Bianca Najera, Cora Sonsalla, Andi Laehn, Mason Gierok, Gavin Bragger, Max Marsolek, and Kevin Halverson. They were coached and accompanied by Mrs. Pamela Lehmeier and Mrs. Jeanette Tobiason.





Back L to R: Mason Gierok, Rhianna Theisen, Max Marsolek, and Cora Sonsalla.

Front L to R: Kevin Halvorson, Bianca Najera, Kendra Suhr, Andi Laehn, and Gavin Bragger.

Homecoming 2018

The Homecoming theme this year was an "Animated Homecoming." Festivities began the Wednesday before when students spent the afternoon creating their hallway and gym banners (taken by the seniors and juniors respectively), floats (won by the freshmen), and preparing their skits (dominated by the seniors). Our week was cut a little short with and in-service day on Monday but still involved fun dress up days (with juniors taking the highest participation) that included dressing like a character from their respective cartoon "brand". Pajama Day (always a favorite), meme/vine day, and of course Indee Spirit.

There were a few changes this year, as Spirit Games were held on Wednesday night due to conflicts with home sporting events. The night kicked off with a performance by the popular Indee -Bee-See staff air-band, performing their version of the infamous cowbell skit from Saturday Night Live. Events to follow included the amazing race, skits, the cheerleaders' dance performance, and senior prank. The night concluded with the coronation. Carter Koval and Rylie Guza were crowned Independence High School Homecoming King and Queen. Court members included Chase Cooper, Sam Killian, Zach Taylor, Nicole Filla, Nevaeh Scow, and Daniella Warner.

Recent Events Page 22

Friday afternoon was different this year as we moved all activities to the gymnasium. Our pep fest started with the ironman volleyball championship (taken by the seniors) and powderpuff championship (also taken by the seniors) which was then followed by the tug-o-war (another senior domination). The parade was moved indoors but the band marched their performance and the floats were still paraded in front of the stands.

The week concluded with a win against Augusta and a dance on Saturday night.



FR L to R: Daniella Warner, Rylie Guza, Carter Koval, Nevaeh Scow, and Nicki Filla. BR: Sam Killian, Zach Taylor, and Chase Cooper.

Recent Vision Screening

On September 20, with the cooperation of the Independence School District, members of the Independence Lions Club came to the public school to conduct vision screening of the elementary grades using the SPOT Vision Screening camera. This special camera is identify refractive able to errors [nearsightedness, farsiahtedness, unequal power], astigmatism [irregular shape of the cornea or curvature of the lens], amblyopia [lazy eye], strabismus [crossed eyes] and a comparative analysis for unequal refractive power [anisometropia] and unequal pupil size [anisocoria].

In the course of the morning, 196 children were screened from 4K through 5th grade, with a few students from higher grades, resulting in 42 referrals for complete eye examinations. The District sent follow-up letters to the parents/guardians of those identified for a referral, encouraging them to make an appointment with a vision care professional.



This automated screening does not replace a complete and comprehensive eye examination by an optometrist or

ophthalmologist, nor can it detect all eye diseases, focusing problems, or eye health-related issues such as **glaucoma**, **macular degeneration**, or **retinal detachment**. This screening simply determines if a child requires the additional attention of a vision care specialist.

This is the third year that the Independence Lions have done the screening, and the club intends to continue the practice since Sight has been one of the defining causes of the international organization since its inception in 1917. Lions work all around the globe on projects designed to prevent blindness, restore eyesight, and improve eye health and eye care for millions of people.

All information about the persons being screened and their referral status is completely confidential. If you wish more information about this screening process or wish to learn more about the activities of the Independence Lions Club, please contact Lions President Kelli Brandenburg at 715 797 3345.

Clipart Sources Throughout Newsletter

http://www.google.com

Recent Events Page 23

West Point Summer Leadership Seminar

Jorgiann Gierok was accepted for West Point Summer Leaders Seminar. Jorgiann, a senior, had been selected to be among 1,000 attendees at West Point's prestigious Summer Leaders Experience (SLE) this past June, which was her junior year of High School.

More than 5,000 juniors nationwide applied to SLE, which offers outstanding high school juniors the opportunity to experience life at West Point. SLE attendees live in the cadet barracks (dormitories), eat in the Cadet Mess, and participate in academic, leadership, athletic, and military workshops. The one-week seminars are designed to help juniors with their college-selection process, while giving them an idea of the importance of leadership and sound decision-making in their education, careers, and lives, in general.



Jorgiann with members of her squad. 5 platoon 2nd squad.

All SLE attendees participated in virtual-reality war simulation, and military and physical fitness training, and, in addition, each student selects three of the 15 offered workshops.

The United States Military Academy at West Point is a four-year, coeducational, federally funded undergraduate college located 50 miles north of New York City. A preeminent leader-development institution, West Point was founded in 1802 as America's first college of engineering. Since then, West Point has grown in size and stature, but remains committed to the task of producing commissioned leaders of character for America's Army.

For more information about West Point, go to http://www.usma.edu/admissions.



Use of Our School

The following are Adult/Community Opportunities to use ourschool:

- Walking and community exercise 5:45am 10:00pm
- Meeting Areas/Rooms available on request by calling the office
- Athletic facilities can be reserved by filing a Facilities Request form available at the school.
- Weight room with a membership (see Leslie Kampa in Student Services)

Upcoming Events Page 24

Halloween Party!!



Lions Club to sponsor a Student Council run Halloween Party October 31st 6:30-7:30 pm.

Once again we will be hosting the Lion's Club Halloween party at IHS. Elementary age students can enjoy games, face-painting, and the student-led haunted house. Hope to see you there!

Food Drive

The Miss Independence Court will be sponsoring a food drive on Sunday, November



18th from 9-3, in the High School Cafetorium during the Holiday Fair. The food collected will be given to local food pantries.

Blood Drive: November 13th from 1-5

Contact the office or Julie Jeske or the front desk to set up an appointment. jeskej@indps.k12.wi.us



41st Annual Holiday Fair

Independence School District will once again be the location for the Rainbow Community Club's annual "HOMETOWN HOLIDAY FAIR." The club has chosen "Emerald Enchantment" as their theme for this, their 55th year as a Community Club, and their 41st Holiday Fair.

This Holiday Fair will be held on Sunday, November 18th. 2018. Featured will aalaxy be а unique arts and crafts, decorations, and gifts, as well as a quilt raffle, and a third edition cookbook "Golden Goodies" featuring refrigerator dessert recipes from their 1st and 2nd cookbooks alona with many new ones. Lunch



and yummy refrigerator desserts will be available. Admission is \$1 and kids 12 and under are free. The Club's proceeds are used to support charitable, community, and school projects.

BOXTOPS 4 EDUCATION

Thank you to everyone that sent Boxtops in this year! We will continue to collect Boxtops for the 2018-2019 school year. Our goal for this year is \$2,000. Please help us reach our goal by sending Boxtops to school. They can be sent with a student or dropped off in the main office. Last year the money raised was used to support field trips. Again, thank you for your efforts.

Don't Forget to Collect



Upcoming Events Page 25



Join us in saluting our military veterans of all wars for serving America with honor, courage, and commitment.

Veterans Day Ceremony
Open to the public
Friday, November 9th 10:00
Independence School District Gymnasium

Sponsored by:

Independence American Legion Post #186 Independence American Legion Auxiliary Post #186 Independence School District





Ads Page 26

School Closing Information

HAT AND MITTEN TREE

The Independence State Bank is sponsoring a Hat and Mitten tree collection.

All hats and mittens



CHECK OUT OUR WEBSITE

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www.indps.k12.wi.us is the web address for our dynamic website which is changing and evolving. We are hoping to make our website a 1 stop place where parents find information on school, school events, forms, the school calendar, lunch menu, and more. Where students find resources. And where anyone can go to find information on our district, where you can access our community link and find information on our Indee Booster Club, the Fitness Center, a link to our Volunteer page, current and past newsletters, School Board minutes, videos, and more.

Indee Apparel

The Booster Club has Indee Apparel for sale. It is cash and carry. Sizes are kids Small through Adult XL. Sizes and styles are limited. Stop in the school office for more information.



WANTED: Yearbook Pictures

The yearbook is in need of your help. If you have fantastic pictures of our Indee students playing a sport, having fun cheering at a



game, or just plain fun, candid pictures, please submit them to Alie Bultman so that we have a lot of pictures to choose from for the yearbook this year. We are looking for 4K-Seniors. all ages Please remember that all high school pictures will

be considered for the high school yearbook and all elementary and middle school pictures will be considered for the elementary/middle school yearbook. Please take and send pictures throughout the school year. Please call Alie Bultman if you have any questions at 715-985-3172, ext. 139 or via email at bultmana@indps.k12.wi.us. Submit pictures to her email as well.

Upcoming Events Page 27

November 2018



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|---|--|---|--|
| Since Of | e de la companya della companya dell | | 91) (A) | State Volleyball Resch Center | 2 State Volleyball Resch Center Football Level 3 | 3 State Volleyball Resch Center MS BBB Triangular @ Alma HS 8:00am |
| 4 | First day of GBB Practice Fall Athletic Awards 6:00pm | Band/Choir Practice 5: | 2:30 DISMISSAL 7:00pm School Board Meeting School Foard Meeting | 8 MS BBB vs Lincoln 4:30pm (H) | Veteran's Day Program 10:00am Football Level 4 | IO Dairyland Band/Choir Practice noon-5pm Dairyland Band/Choir Concert 7:00pm |
| 11 VETERANS' DAY | 12 First day of Wrestling Practice First day of BBB practice | MS BBB @ Gilmanton 5:30pm Blood Drive | 14 2:30 DISMISSAL | I 5 MS BBB vs B-T 4:30pm (H) State Football @ Camp Randall | 16 State Football @ Camp Randall | 17 |
| 18 41st Annual Hometown Holiday Fair (9am-3pm) | 19 GBB vs EC Immanuel (H) 6:00pm/7:30pm | 20 | 21 NO SCHOOL | NO SCHOOL HARPY THANKS GIVING | 23 NO SCHOOL Not Shopping. | 24 |
| 25 | 26 | 27 MS BBB @ C-FC 4:30pm GBB vs Gilmanton (H) 6:00pm/7:30pm | 28 2:30 DISMISAL | 29 MS BBB @ Mel-Mir 4:30pm BBB @ New Auburn 5:45/7:15pm GBB @ New Auburn 7:15/5:45pm | 6:00pm/7:30pm | |

Upcoming Events Page 28

December 2018



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-------------------------------------|--|---|---|---|--|
| | | July 1 | | | | <i>I</i> Wrestling @ Mondovi 9:00am |
| 2 | | Immanuel 6:00/7:30pm (H) | 5 2:30 DISMISSAL 7:00pm School Board Meeting School Board Meeting | 6 GBB @ Onalaska MS BBB @ B-T 4:30 pm | 7 BBB @ Gilmanton 6:00/7:30pm | 8 Wrestling @ La Crosse Logan 10:00am |
| 9 | | 11 GBB vs Alma Pepin 6:00/7:30pm (H) MS BBB vs Alma-Pepin 4:30pm FFA Fruit Pick Up | | 13 4K-2 Music Concert 10:00am and 2:00pm BBB vs B-T 6:00/7:30pm (H) MS BBB vs C-FC 4:30pm | 14 Wrestling Invite @ WHTL 4:00pm GBB @ Mel-Min 6:00/7:30pm | 15 |
| 16 | 17 HS Band and Choir Concert 7:00pm | 18 BBB vs Cashton (H MS BBB @ WHTL 4:00pm | 19 2:30 DISMISAL | 20 3-5 Music Concert 10:00am and 2:00pm GBB vs E-S 6:00/7:30pm (H) | 21 BBB @ Pepin 6:00/7:30pm | 22 |
| 23 | 24 NO SCHOOL | 25 | 26 NO SCHOOL | 27 NO SCHOOL | 29 NO SCHOOL | 29 |
| 30 | 31 NO SCHOOL | I SEE THE BIRDS ARE ALL PREPARED FOR WINTER | | | | Secure. |



Dairyland RSVP office. This project is available to all students up to 19 years of age. There are no income guidelines to receive weekend fooc people, we will provide food assistance, at no cost, for students to eat on non-school days, such as weekends and holidays. Children in the assistance, all children are eligible. General household information collected will remain confidential and be used for statistical purposes only. times, we welcome you to enroll in our RSVP Weekend FOOD 4 KIDS Project. Enrollment forms are available at all schools and at the Western your student would benefit from free or reduced price school meals. If your child would benefit from receiving supplemental food for non-schoo Independence School District and Independence Head Start locations are eligible for this project. The Retired Senior Volunteer Program (RSVP) Western Dairyland RSVP Volunteers are taking on a new project devoted to providing weekend food for children in need. Focusing on our young recognizes the National School Lunch Program as the most efficient and effective method of eliminating childhood hunger and urges you to apply if

a typical RSVP Weekend FOOD 4 KIDS bag will include easy to prepare food, fruits, vegetables, cereal, and granola bars. and the Independence Head Start Center serving families from Independence, Whitehall and Pigeon Falls. The food assistance varies each week, but Thrift Store in Independence. By shopping, donating, or volunteering at the store, you are essentially supporting this worthwhile cause. If you're age Food will be sent home with students on Thursdays and can include food for all children within the home. We deliver to all Independence schools This wonderful project is made possible by RSVP volunteers and community donations. This project is also supported by the Cents and Sensibility

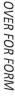
cheryl.padula@wdeoc.org or call 715-985-2391 ext. 1205 erika.hobbs@wdeoc.org or call 715-985-2391 ext. 1232 are needed 1 to 2 hours per week on Thursdays. We welcome and encourage you to volunteer. Please contact the RSVP Volunteer Program at: 55 or older and interested in learning more about how you can become involved with the RSVP Weekend FOOD 4 KIDS Project please call. Volunteers

TO ENROLL, PLEASE COMPLETE THE BACK OF THIS FORM AND RETURN TO YOUR CHILD'S TEACHER/SCHOOL OR MAIL TO:

RSVP Weekend FOOD 4 KIDS

PO Box 125

Independence, WI 54747





| Names of school-aged children (3-19 years) iii tiie iiouseiioid wiio wisii to feceive weekeiid i ood masiistainee | the household who wish to re | celve vveekella i ood Assistalice: | | 53 |
|--|------------------------------|------------------------------------|--------|--------------------------|
| First & Last Name: | School/Location: | Teacher: | Grade: | Gender: Mor F Birthdate: |
| First & Last Name: | School/Location: | Teacher: | Grade: | Gender: Mor F Birthdate: |
| First & Last Name: | School/Location: | Teacher: | Grade: | Gender: Mor F Birthdate: |
| First & Last Name: | School/Location: | Teacher: | Grade: | Gender: Mor F Birthdate: |
| | | | | |

| | ω | 2 | 1 Head of Household | First Name MI Last Name | Please list <u>all</u> household members below: | Do you rent or own your home? (Please circle): | What is your household income? | How many individuals are in your household? | Address: | Relationship to applicant(s): | REQUIRED FOR STATISTICAL PURPOSES (if you do not complete the section below, we <u>may not</u> be able to provide a Weekend Food Bag for your child): Head of Household First & Last Name (please print): Birthdate: | Please circle your delivery location: Independence Schools: Elementary High School or SSPP Catholic School Head Start Center - serving Independence, Whitehall, & Pigeon Falls area children Other special circumstances, please describe: |
|---|---|---|---------------------|--|---|--|--------------------------------|---|----------|-------------------------------|--|---|
| | | | | Date ne of Birth | below: | olease circ | \$ | househol | | | OSES (if y | mentary ndepende please de |
| | + | | | e Gender | | | _ | d? _ | | | ou do not ase print): | High School nce, Whitehall, scribe: |
| | | | | Military | | Rent | /Week | # | | | complete | ool or ehall, & Pig |
| İ | | | | Disability (Yes/No) | | Own | | # of Adults | | | the section | SSPP Ca geon Falls |
| | | | | Relationship to Head of Household | | ם | | | | | below, we <u>m</u> | SSPP Catholic School. on Falls area children |
| | | | | Race (American Indian, Asian, Black, Pacific Islander, Caucasian) | | | | _# of Children | | Hor | <u>ay not</u> be able to pro Birt | All information is strictly confidential. Contact is only made to notify of changes. This project is made possible by the joined efforts of the Western Dairyland RSVP Volunteer Program, Independence Schools, S.S. Peter & Paul Church and the Western Dairyland Head Start Program. It is typically not possible for our project to provide specific menu items for special diets or allergies. In consideration for the privilege to distribute these materials, the Independence Schools, Western Dairyland or S. S. Peter & Paul Church shall be held harmless from any cause of action, claim, or petition filed in any court of administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees, and judgments or awards. |
| | | | | Ethnicity: Hispanic/ Latino Y/N | | | | | | Home/Cell Phone Number: | provide a Weeke Birthdate: | rictly confident ssible by the join ul Church and th rul Church and th fific menu items fi lependence Schon, claim, or petit sterials, including. |
| | | | | Employment Status | | | | | | Number: | nd Food Bag fc | ial. Contact is a ed efforts of the W ed efforts of the W e Western Dairyla r special diets or a ols, Western Dairy ion filed in any courall costs, attorney |
| | | | | Currently enrolled in school? | | | | | | | or your chile | nly made to lestern Dairyle nd Head Start sillergies. In co land or S. S. Pr urt of administ 's fees, and ju |
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| | | | | Health Insurance (Medicaid, Medicare, Private, Other, None) | - | | | | | | | tact is only made to notify of changes. of the Western Dairyland RSVP Volunteer Program, Independer n Dairyland Head Start Program. It is typically not possible for or diets or allergies. In consideration for the privilege to distribute ern Dairyland or S. S. Peter & Paul Church shall be held harmless n any court of administrative tribunal arising out of the attorney's fees, and judgments or awards. |

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All of these Nature's Touch™ and Glazers, products will help your school or organization earn cash faster.

Nature's Touch Products

- · Homogenized Whole Milk: Bags, Gallons. Half Gallons
- Reduced Fat 2% Milk: Bags, Gallons, Half Gallons, Quarts, Pints, Half Pints
- Low Fat 1% Milk: Bags, Gallons, Half Gallons, Quarts, Pints
 Fat-Free Skim Milk: Bags, Gallons, Half Gallons, Quarts, Pints, Half Pints
- · Chocolate Flavored Milk: Bags, Half Gallons, Quarts, Pints, Half Pints
- Polar Vanilla Flavored Milk: Pints
- Root Beer Float Flavored Milk: Pints
- Orange Juice (from 100% juice concentrate): Bags, Gallons. Half Gallons.
- · Orange-Pineapple Juice (from 100% juice concentrate): Quarts, Pints
- Drinking Water: Gallons, Quarts, 20 oz., Half Pints

- Egg Nog: Quarts, Pints, Half Pints
 Chino™ Iced Cappuccino: Pints
- Iced Cappuccino: Pints
- Ice Tea: Gallons
- Flavored Waters (20 oz.): Raspberry, Cherry, Strawberry, Lemon, Lime
- Flavored Waters (Half Pints): Raspberry, Strawberry, Watermelon

Kwik Quencher® Fruit Drinks

Orange Flavored, Fruit Punch Flavored, Lemon-Lime Flavored; Gallons

Glazers Donuts

Regular: Dozens and Half Dozens Specialty: Dozens and Half Dozens

Did you Know?

Did you ever find yourself not being able to attend a concert or event that one of your family members are a part of? Well, don't miss another event! Many of the including events, concerts, special presentations and graduation, are live streamed using the school's Polycom camera. On the day of the event, log into the school's website (www.indps.k12.wi.us) and on the left side of the page there is a link called Indee TV Live. If you are not available to watch it live, you can also click on the link Indee TV and there are archived events listed.

Announcements on TCC Station

Viewers can tune into 18-84 or HD channel 884 to view school announcements.



SCHOOL DELAYS AND CLOSINGS DUE TO INCLEMENT WEATHER School District of Independence 2018-19

ANNOUNCEMENTS WILL BE MADE ON THE FOLLOWING STATIONS:

| | Whitehall | Eau Claire | Eau Claire Cont. | LaCrosse |
|---|---------------------------|---------------------|-----------------------|--------------------|
| | 102.3 FM | WEAUX FOX 48 | B-95 95.1 FM | KICKS 106.3 |
| | Winona | I-94 94.1FM | ROCK 92.1 FM | WIZM 1410AM |
| | KWNO 1230AM | WAXX 104.5FM | News Talk 880 AM | Z93 93.3FM |
| | KAGE Country 1380AM | WAYY 790AM | Sports Radio 1400 AM | WKBT TV 8 |
| | KAGE-95.3FM | COOL 92.9FM | WQOW TV 18 | WLAX FOX 25 |
| | CD Country99.3FM | Z-100 100.7FM | Moose Country 106.7FM | CC 106.3 |
| | Soft Rock 101.1 FM | WEAU TV 13 | SportsTalk 105.1 FM | MAGIC 105 104.9 |
| | | The Mix 98.1 FM | | EAGLE 102.7 |
| | | | | Classic Rock 100.1 |
| N | ww.lacrosseradiogroup.net | www.indps.k12.wi.us | | WXOW TV 19 |
| | vww.wxow.com/closings | www.weau.com/weath | | WLFN 1490 AM |
| | | | | |

Student safety is the primary consideration in making a decision relating to school delays or school closings. Normally, one of three decisions is made. The first may be a late start. In this case a two-hour school delay is our standard procedure. On these 'late start' days there will be no morning 4-year old kindergarten. The second decision we may make is to close school for the day. The third decision is an early release from school, normally at 1:00pm.

We realize that parents have to make childcare arrangements for the day. Therefore, we will try to make school delay or closing decisions the night before, if possible. In the event it's not possible, we will strive to make a decision by 6:00am.

SCHOOL MESSENGER - A communication system (phone and/or email) used to deliver information to parents and/or guardians as soon as possible.

The newsletter of Independence School District Independence, WI 54747